



# Sacred Heart Catholic Parish

408 South Cedar, Ottawa, Kansas 66067  
www.shottawa.org    facebook.com/SHCCOttawa  
shcpottawa.breezechms.com

<b>Weekend Mass Schedule</b> .....	Saturdays 5:30 pm; Sundays 9:00 am & 11:00 am
<b>Weekday Mass Schedule</b> .....	Tuesday through Friday 8:05 am
<b>Sacrament of Reconciliation</b> .....	(by appointment) Fridays 8:40 am and Saturdays 4:30 pm
<b>Wednesday Faith &amp; Family Night</b> (CGS, Youth, RCIA / all adults) .....	Dinner - 6:00 pm; Class 6:30 - 8:00 pm

## Weddings

Begin your wedding preparation with a minimum of 6 months (preferably 1 year) prior to your wedding date with a meeting with your pastor

## Baptisms

Baptisms are usually celebrated after weekend Masses.  
Baptismal Preparation classes are offered by Pastor through appointment  
Preregister by calling (785) 242-2174

## New Parishioners

Welcome to Sacred Heart Parish Community! Get involved and begin meeting your fellow parishioners. Start with a phone call to the Parish Office.

Parish Office .....	(785) 242-2174
Pastor's Office Phone Number .....	(785) 915-1508
Fr. Kenneth Clem (Pastor) .....	pastor@shottawa.org
Carmelita Sieg (Parish Secretary) .....	office@shottawa.org
Sandy Vrbas (Faith Formation Coordinator) .....	dre@shottawa.org
Knights of Columbus Council 3018 (cevans@cofts.org) .....	Grand Knight Craig Evans
Finance Council Advisory Chair (bhayden1720@gmail.com) .....	Bob Hayden
Altar Society Guild President (bbirzer@yahoo.com) .....	Betty Birzer
Pastoral Advisory Chair (greg.wellnitz@gmail.com) .....	Gregory Wellnitz
Sacred Heart School Office .....	(785) 242-4297
Patrick Greer (Principal) .....	principal@shottawa.org
Shayla Siebenthall (School Secretary) .....	school@shottawa.org

**AUG. 10 – AUG. 11, 2024**

MONDAY, Aug. 12, 2024  
NO MASS

TUESDAY, Aug. 13, 2024  
8:05 AM MASS

Sally Vandevord by: Rosemary Pratt

WEDNESDAY, Aug. 14, 2024  
8:05 AM MASS

Luella Stiffler by: Roberta Rhodes

THURSDAY, August 15, 2024  
8:45 AM MASS – The Assumption of the Blessed Virgin Mary - Holy Day of Obligation  
Sr. Vincent Marie Balajadia (Jubilee)  
by: Carmelita Sieg

6:00 PM MASS  
+ Harry & Ruthanne Wasko  
by: Eileen Bowling  
ADORATION: 8:40 AM to 8:00 PM

FRIDAY, August 16, 2024  
8:05 AM MASS  
+ John & Phyllis Birzer (wedding anniv.)  
by: Bibiana Zweig

SATURDAY, August 17, 2024  
4:30 PM – Confession/ 5:30 PM MASS  
+ John Gibson  
by: the Redeker Family

SUNDAY, August 18, 2024  
9:00 AM MASS  
For the People of the Parish

11:00 AM MASS  
+ Amos Ryan Stuchlik  
by: Brandon & Jolene Stuchlik

CHURCH CLEANING ANGELS  
BECKY SHRIMPLIN/ DIANN PRENTICE  
THERESA PAXTON/ KAY STRATTON

KNIGHTS OF COLUMBUS LAWN CARE  
8/16/24 CHRIS LAMAR/ MIKE BROWN  
8/23/24 MIKE & PATRICK CONROY

**LITURGICAL ROLES**

SAT., August 17, 2024 – 5:30 PM MASS

Gifts: Charlie & Margy Porter  
Server: Reid Sears  
Eucharistic Minister: Sue Bina  
Lectors: Alan Bina  
Sacristan: Debbie Blakeley  
Rosary Leader: Mike Fischer

SUN., August 18, 2024 – 9AM MASS

Gifts: Joseph & Tina Capeder  
Ushers: Michael, Jamie & Aidan Keiter  
Servers: Braeden & Zach Winter  
Eucharistic Minister: Ann Hunsicker  
Music: Guitar/ Flute  
Lectors: Christy Winter/ Gregory Wellnitz  
Sacristan: Elizabeth Lowderman

SUN., August 18, 2024 - 11AM MASS

Gifts: Brandon & Jolene Stuchlik  
Ushers: Brad & Annette Ferguson/  
Joan Hazelton/ Karen Chanay  
Servers: Clara & Maggie Moyer  
Lectors: Steve Boetel / James Boyer  
Sacristan: Katie Smith  
Rosary Leader: Jan Wallis

MON. August 19, 2024

Counters: John Scott / Fred Foss

FINANCIAL CORNER – Offertory: Aug. 3-4

Collection	-\$ 6,632.00
Cash	-\$ 564.00
Candle	-\$ 32.50
Solidarity Fund /Church in Africa	-\$ 20.00
Catech. Srs. of Arogyamatha	-\$ 2,688.00
On-line Giving	-\$ 525.26
	<u>\$10,461.76</u>

OTHER DONATION

Mass \$ 20.00

Thank you to Ed and Sally Henry for hosting Sr. Mary Stella Kambala of the Catechetical Sisters of Arogyamatha (CSA).

Thank you as well for our Parish's generous contribution to the Sisters of CSA. We raised \$2,688.00!



**PLEASE PRAY FOR:** Debbie Blakeley, Kathy Laws, JR Daugharthy, Donald Fischer, John Schnieders, Clara Guerin, Virginia Quintana, JoAnn Nowatzke, Shirley Fischer, Erin Chappell, Phillip Pearce, Dennis Nowatzke, Terry /Jack Shepard, Reba Miller, Koby Becker, Larry Fisher, James Fisher, Kathy Jordan \* Holly Shepard Ross, Robyn Spielman, Robert Strangways Jr., Cassandra Chapman, Ashley Jones, Paul Nation, Judith & Frank Dixon, Tim Chanay, Debbie Samyn, Dale Samyn, Cal Lantis, Tom Mersman, Joann Kaufmann, Amanda Wray, Rev. Bill Prather, Mark Andrew Kohn, Mark Austin Kohn, Shelly Frank, Annie Obrien, Jerry Krause, Kenny Read, Beckham Moody, J Dalton Hennessy.

**MORNING MASS ON AUG. 15<sup>th</sup>**  
**(Assumption)**

***Mass will be at 8:45 am instead of the regular 8:05 am due to the First Day of School.***

**ALTAR SOCIETY NEWS**

Make sure to mark your calendars for the following events:

**Aug. 13** - 5:30-dinner/meeting at Prime Time Grille

**Aug. 25** - 11 am Back to School Potluck

**Oct. 13** - Fall Festival

**KNIGHTS OF COLUMBUS**

Hog raffle tickets are now for sale for \$10. Religious Education tickets are now available for \$100.

**Knight of the Month** - Lee Crane

**Family of the Month**- Ryan Henningsen Family

Next meeting will be 9/9/24

**KITCHEN REORGANIZED**

The Parish Center kitchen has been reorganized and relabeled, so, some items are in new places. If you use the kitchen, please put items back as labeled. Thank you!

**NEW EMAIL ADDRESSES**

**Fr. Kenneth Clem (Pastor)**

**pastor@shottawa.org**

**Carmelita Sieg (Parish Secretary)**

**office@shottawa.org**

**Patrick Greer (Principal)**

**principal@shottawa.org**

**Shayla Siebenthall (Secretary)**

**school@shottawa.org**

**Sandy Vrbas (Faith Formation Coordinator)**

**dre@shottawa.org**

**FAITH & FAMILY NIGHTS**

**REGISTER NOW!** Registration for Faith & Family Nights is now open! We have something for everyone...from babies to our beloved older parishioners. See today's insert for details/registration codes. Registration is online, but you can register in person by contacting Sandy Vrbas at **dre@shottawa.org** or 785-893-2654.

If you know someone who has shown interest in learning about the Catholic faith, please give them a copy of today's Faith & Family Night insert. Or, encourage them to join RCIA by contacting Sandy Vrbas at **dre@shottawa.org** or 785-893-2654. Thank you!

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## **Volunteers Needed**



We need two or three individuals who can care for our toddlers and babies on Faith & Family Nights (Wednesdays) so parents can participate in Adult Formation/RCIA. If you can't commit to every Wednesday, we also need subs. You would be welcome to come for dinner at 6:00 p.m. Classes are from 6:30 - 8:00 p.m. If you are not Virtus trained, we will have another training soon. If you are interested, please text/call Sandy Vrbas at 785-893-2654, or email her at **dre@shottawa.org**. Thank you!

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## PARISH REGISTRATION

If you are new to the Parish, please go to the Church website at: [shottawa.org](http://shottawa.org), click on the Forms tab and go to the Parish Registration Form and submit when completed. ... and/or call the Church Office at: 785 242-2174

## GABRIEL PROJECT VOLUNTEER ANGEL

**TRAINING** The Gabriel Project is a ministry that serves pregnant women in need. It is a ministry of accompaniment and service. Angel Volunteers work directly with moms, assisting them emotionally, materially and spiritually, as well as providing social service referrals in their community. There will be an Angel Training for interested volunteers in August. Details: Date: Saturday, Aug. 24, 2024 Time: 8:30am – 4:00pm Location: St. John the Evangelist Catholic Church, 1234 Kentucky Dr., Lawrence, KS. Continental Breakfast and Lunch provided. To volunteer, please go to [gabrielprojectkc.com/volunteer](http://gabrielprojectkc.com/volunteer), fill out the form and send. Questions? Contact Ann Marie Alvey at [director@gabrielprojectkc.com](mailto:director@gabrielprojectkc.com)

**RETIREMENT PLANNING WORKSHOP** On Tuesday, August 13, 2024, the Catholic Foundation of Northeast Kansas is hosting a Retirement Planning Workshop at Most Pure Heart of Mary Catholic Church in the Culhane Room- 3601 SW 17th St, Topeka, KS 66604. The Workshop is from 6:00 PM – 7:00 PM, and Bill Hess, Vice President and Wealth Management Consultant at Commerce Trust, will present on Retirement Basics: An Overview of the Retirement Planning Process. Register by contacting Mitch Nolan at 913-647-3070 - [mnolan@archkck.org](mailto:mnolan@archkck.org) or visiting [www.cfnek.org/events/retirement-planning-workshop](http://www.cfnek.org/events/retirement-planning-workshop).

**UPCOMING WEEKEND IMMERSIONS FOR MARRIED COUPLES** Are you a married couple who wants to go deeper with your spouse and God? Then join us at one of our August Weekend Immersion retreat: Aug. 17-18 in Topeka or Aug 24-25 in Overland Park. Register at [evermoreinlove.org/events](http://evermoreinlove.org/events) using promo code ARCHKCK. More information and questions: [ldupont@archkck.org](mailto:ldupont@archkck.org)

## UPCOMING DEACON INFO. SESSIONS

This fall the Deacon Office will be hosting information sessions for men who are interested in learning more about the permanent diaconate ("inquirers"). The sessions are identical, so inquirers only need to attend whichever session works best with their schedule (no RSVP required). All of the sessions will take place at the Savior Pastoral Center on the following dates:

Wednesday, September 18 (7:00-9:00pm)

Thursday, September 26 (7:00-9:00pm)

Monday, September 30 (7:00-9:00pm)

Saturday, October 19 (9:00-11:00am)

In addition, inquirers are strongly encouraged to complete our online inquiry form at: <https://archkck.org/diaconate/discernment/inquire-about-the-diaconateprogram/> For more specific inquiries, they may reach out to Deacon Curtis Keddy, the director of formation, at [ckeddy@archkck.org](mailto:ckeddy@archkck.org) or 913-647-0326.



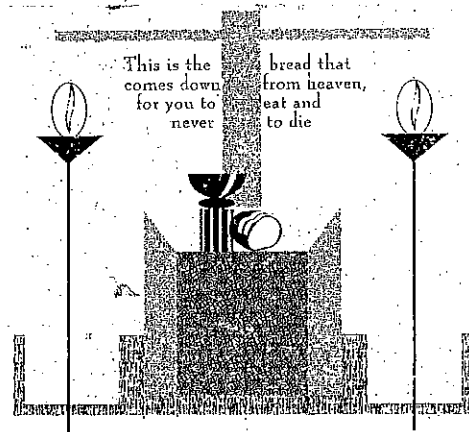
## AMERICAN HERITAGE GIRLS®

FAITH | SERVICE | FUN

American Heritage Girls is a Christ-centered character and leadership development program for girls 5 to 18 years of age. AHG is dedicated to the mission of building women of integrity through service to God, family, community, and country.

Our Archdiocese of Kansas City in Kansas has adopted American Heritage Girls as the preferred scouting organization for girls. Learn more about AHG and join today.

- [americanheritagegirls.org](http://americanheritagegirls.org) - note the "Find a Troop" tab to see all troops in the area
- [archkck.org/scouts](http://archkck.org/scouts)
- Troop Information Nights
  - Troop KS0138, Holy Trinity Lenexa, Aug. 20, 6:00-7:30 pm
  - Troop KS3130, Ascension Parish Hall, Overland Park, Aug. 29, 6:15-7:30 pm
- Email [ahgarchkck@gmail.com](mailto:ahgarchkck@gmail.com)





THE ARCHDIOCESE  
OF KANSAS CITY IN KANSAS



THE NATIONAL CATHOLIC  
BIOETHICS CENTER

# Bioethics Public Policy Report August 2024

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The Bioethics Public Policy Report is a collaboration between dioceses, parishes, Knights of Columbus councils, grassroots organizations, and The National Catholic Bioethics Center to inform the laity about developments in bioethics and human dignity.

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## National

- Since the beginning of July, the Biden administration has switched its stance on sex-change surgeries for children twice. The administration now says that sex-change surgeries “are typically reserved for adults,” but “families should have the freedom to make the medical decisions that they and their doctors determine are best for them.”
- Fort Liberty (formerly Fort Bragg) in North Carolina has disavowed a presentation given there suggesting that National Right to Life is a terrorist organization. National Right to Life, a sixty-year-old movement, consistently has denounced the use of any violence against anyone.
- Congressman Andy Ogles (R) of Tennessee introduced the Preventing Forced Abortions Act of 2024, which would prevent surrogate mothers from being forced by federal court orders to obtain abortions.



## Federal Courts

- A US District Court judge in Kentucky blocked the Biden administration’s new Title IX regulations extending the definition of *sex* to include gender identity. Judge Danny Reeves, in his opinion, stated, “There are two sexes: male and female.”
- The US District Court for the Western District of Louisiana ruled that the United States Conference of Catholic Bishops will not be forced to provide for abortions of employees as the lawsuit over the US Equal Employment Opportunity Commission’s new regulations moves forward.
- In *Loper Bright Enterprises v. Raimondo*, the Supreme Court overturned forty-year-old *Chevron v. Natural Resources Defense Council*, which gave wide discretionary latitude to federal administrative agencies. Courts may no longer “defer to an agency interpretation of the law” when the law itself is unclear, which could relieve some pressure on religious organizations from federal agencies.
- Pro-life advocate Paul Vaughn was formally sentenced to three years of supervised release after being convicted under the Freedom of Access to Clinic Entrances (FACE) Act. Though Vaughn avoided prison time, the Thomas More Society is seeking to appeal the conviction on his behalf and challenge the constitutionality of the FACE Act.

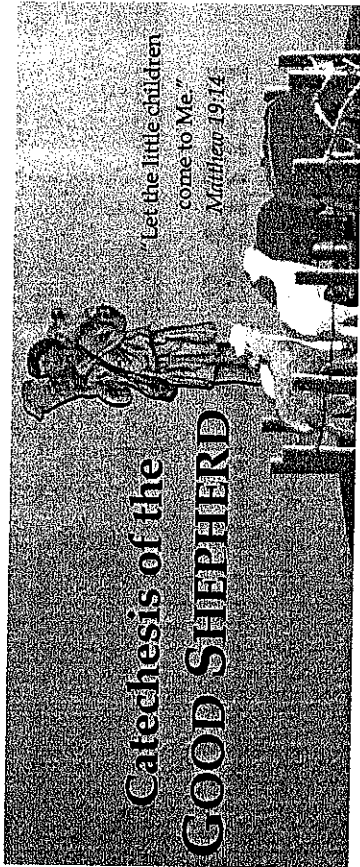


## States

- Arizona Governor Katie Hobbs (D) vetoed a state bill that would require insurance coverage for de-transitioning procedures after transgender surgeries. Hobbs stated that such coverage would be “unnecessary and would create a privacy risk for patients.”
- The City of Baltimore, Maryland, is trying to change a ballot measure that would give \$1,000 to new parents on either the birth of adoption of a new child, stating that it would violate state law and the city charter to do so.
- The New York City Department of Health is proposing to throw out regulations that require abortion facilities to treat dead babies aborted after twenty-four weeks as human remains. The proposed change reads, “Disposition as human remains would remain available upon request by those who desire burial or cremation.”

The *Bioethics Public Policy Report* is made possible through the generous support of the Catholic Health Care Leadership Alliance.

For the full report, visit [www.ncbcenter.org/bioethics-public-policy-reports](http://www.ncbcenter.org/bioethics-public-policy-reports).



*Catechesis of the Good Shepherd was founded by two Italian laywomen, a scriptural scholar and an expert in Montessori education. Together they conceived of a simple method for sharing the richness of the Catholic Faith with children, who are uniquely capable of accepting the beauty of God's love. The program is presented in three age-appropriate levels, and includes time in the atrium, which is a quiet environment where children learn through tactile work.*

*Catechesis of the Good Shepherd emphasizes contemplation and -- imagine this -- the enjoyment of God. Children hear Bible stories and see them acted out with simple materials. They learn songs and prayers, and are encouraged to work quietly with simple, yet meaningful, objects. One mother explained that Catechesis of the Good Shepherd "cracked the code" of the Mass for her son. He began to recognize details in the liturgy, the significance of liturgical colors, and the names/purposes of the various vessels and cloths on the altar.*

*Sacred Heart is blessed to offer Catechesis of the Good Shepherd to your children. If you would like to learn more, or want the opportunity to volunteer in the atrium, please contact Sandy Vrbas at [dre@shottawa.org](mailto:dre@shottawa.org) or 785-893-2654.*



## FAITH & FAMILY NIGHTS

Wednesdays from September 2024 – April 2025

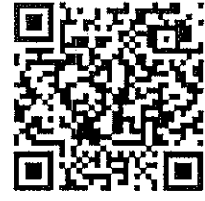
**Dinner: 6:00 – 6:30 p.m.**

**Classes: 6:30 – 8:00 p.m.**

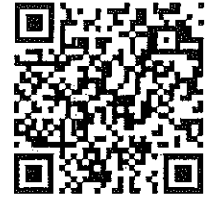
There is something for all ages!  
Parents...we offer FREE on-site childcare.

Catechesis of the Good Shepherd – ages 3 to 12  
Confirmation Prep – 7th and 8th Grade Students  
Youth Ministry – High School Students  
RCIA & Adults...those who want to join the church and anyone who wants to learn more about the Catholic faith

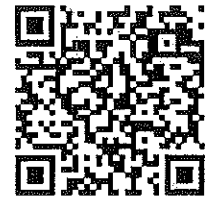
### REGISTER NOW!



FAMILIES



ADULT  
PARISHIONERS



RCIA

To register in person or to ask questions, contact Sandy Vrbas at [dre@shottawa.org](mailto:dre@shottawa.org) or 785-893-2654.

**Come to learn the Truth of our faith.**

# Growing in FAITH™

Discovering hope and joy in the Catholic faith.

August 2024

Sacred Heart Catholic Church  
Rev. Kenneth Clem, Pastor

## One Minute Meditations

### St. John Vianney

Difficulties with his studies almost cost St. John Vianney the

priesthood.

Ordnained

because of his

goodness, he had a gift for

reading souls. As the Curé (pastor) of Ars, France, he was confronted with people who were indifferent to Christ and comfortable in their lifestyles.

To remedy this, he spent many hours fasting and praying. He spent as many as sixteen hours a day hearing confessions. His spiritual insight and good example reclaimed thousands of lapsed Catholics.

### Don't avoid the fight

The ongoing battle for holiness can wear us down. The truth is that even if we fall a thousand times, we fight with Christ by our side. The effort pleases Him more than an easy and comfortable victory. He reminds us: Everyone who wants to be His disciple must take up their cross and follow Him.

*"God dwells in our midst, in the Blessed Sacrament of the altar."*

St. Maximilian Kolbe



## Savor the fullness of Scripture

"To get the full flavor of an herb, it must be pressed between the fingers; so it is the same with the Scriptures. If you want to get the full

flavor of the Scriptures, crush them by reading and meditation."

St. John

Chrysostom.

Immerse yourself in God's Word to grow in holiness in this life and be happy in the next. Here's how:

**Get a Catholic Bible:** Ensure you have a Catholic Bible, which contains all the inspired books. The Revised Standard Version, Catholic Edition (RSVce) is an excellent choice, offering clear translations and helpful footnotes. It's also available online.

**Read and listen:** The Holy Spirit is

the ultimate guide to understanding Scripture. Pray for His guidance (John 16:13) and pay attention when a verse or word stands out to you.

Reflect on these moments as they often serve as conversation starters with God in prayer.

**Savor slowly:** Praying with Scripture is like enjoying a fine meal.

Take it slowly, savoring small portions to fully appreciate its richness. Choose a random or favorite verse and meditate on it deeply.

**Keep a record:** It's not necessary to

journal daily, but keeping a regular prayer journal helps document lessons, thoughts, and Bible verses that strike you from your time in prayer. This "oasis" can be a source of encouragement during tough times.



## Why Do Catholics Do That?

## Why do Catholics have seven Sacraments?

Sacraments are "efficacious signs, instituted by Christ and entrusted to the Church" to convey grace (*Catechism of the Catholic Church*). Grace is a share in God's divine life. Just as food, rest, and medicine maintain our bodies, the Sacraments maintain our

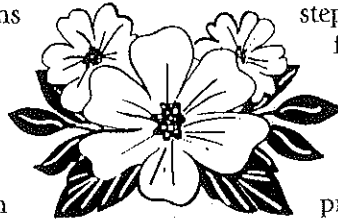


souls. The number of Sacraments was fixed at seven by the Council of Trent on March 3, 1547. These are Baptism, Confirmation, Eucharist, Confession, Holy Orders, Matrimony, and Anointing of the Sick. Each has its roots in the New Testament Scriptures.

## Use distractions to reconnect with God

The strain of a busy life can distract us from making holiness our focus. Yet, we have no hope of achieving holiness or true happiness unless God remains our focus. Pope Francis reminds us, "If the events of our life... risk suffocating the gift of prayer within us, it is enough to contemplate a starry sky, a sunset, a flower, to reignite the spark of thanksgiving." Use moments of distraction as opportunities to reconnect with God.

Combat tunnel vision: When confronted with a



problem, it's okay to pause and troubleshoot. If discouragement dominates your thoughts and prayers, step outside yourself. Go for a walk, chat with a friend, read a psalm, or pray for the souls in Purgatory. These actions can help shift your focus and renew your perspective.

Cultivate holy wonder: Appreciating the beauty of creation can be a natural gateway to prayer. Stroll through a park, admire the flowers, or listen to the birds and the wind. Such beauty often reconnects us to God when words fail.

### from Scripture

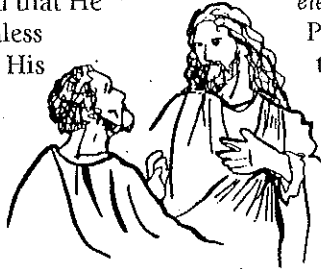
### John 6:60-69, Live-giving truth

The sixth chapter of St. John's Gospel is foundational for Catholic understanding of the Eucharist. In this reading, Jesus declared that He is the Bread of Life and unless we eat His flesh and drink His blood, we will not have eternal life.

Jewish dietary laws strictly prohibited the consumption of blood, making Jesus' offer of His own shocking and offensive. His listeners failed to see beyond the graphic interpretation of His words and many abandoned Him.

Even the Apostles were troubled by this teaching. Yet, when Jesus asked if

they too would leave, Peter spoke for the group, saying, "Master, to whom shall we go? You have the words of eternal life" (John 6:68).



Peter recognized the divine truth and life-giving power in Jesus' teachings, despite their challenging nature.

As followers of Christ, we are reminded to echo Peter's words:

"Master, you have the words of eternal life." This chapter not only emphasizes the importance of the Eucharist in Catholic faith but also highlights the need for trust and faith in Jesus' teachings, even when they are hard to understand.

### Q & A

### How do saints pray?

What do "holy people's" prayers sound like? We imagine sublime and poetic musings on God's perfection. In fact, the saints, while very holy, are also human and intimate with God. Here's a brief glimpse into some saintly prayers to inspire your own:



"If this is how you treat your friends, no wonder you have so few!" St. Teresa of Avila uttered this humorous phrase after being

thrown from her cart into the mud. It reflects her candid and down-to-earth relationship with God.

"Beware of Philip, Lord. He may yet betray you." St. Philip Neri, known for his wisdom, humor, and impulsive nature, knew his own weaknesses.

Rather than make excuses for himself, he confessed his errors and asked for increased graces to remain faithful to God.

"Jesus, may I put on a good face!" This prayer was recommended by St. Josemaría Escrivá to someone tasked with an "unpleasant and repulsive" chore. St. Josemaría said that sometimes the hardest cross can be fulfilling our toughest responsibilities with "a good face."

### Feasts & Celebrations

August 12 - St. Jane Frances de Chantal (1641). Born wealthy in Dijon, France, Jane married the Baron de Chantal and had four children. Widowed after only seven years, she founded the Order of the Visitation with St. Francis de Sales, for those unable to enter a convent.

August 15 - Solemnity of the Assumption. Declared a dogma of faith in 1950 by Pope Pius XII, this celebrates Mary's being taken up into Heaven body and soul at the end of her life. Today is a holy

day of obligation.

August 19 - St. John Eudes (1680). Born on a farm in Normandy, France, John became a priest and parish missionary. He founded the Congregation of Jesus and Mary (Eudists) in 1643 to promote devotion to the Sacred and Immaculate Hearts.

Aug. 24 - St. Bartholomew the Apostle (1st Century). Bartholomew is thought by some scholars to be the Apostle, Nathanael (John 1:46). After Jesus's Ascension, Nathanael spread Christianity to India and Armenia, where he was martyred.



### Our Mission

To provide practical ideas that promote faithful Catholic living.

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(540)662-7844 (540)662-7847 fax  
<http://www.growinginfaith.com>

(Unless noted Bible quotes and references are from the Revised Standard Version and the New American Bible)



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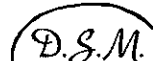
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