



Sacred Heart Catholic Parish

408 South Cedar, Ottawa, Kansas 66067
 www.shottawa.org facebook.com/SHCCOttawa
 shcpottawa.breezechms.com

Weekend Mass Schedule	Saturdays 5:30 pm; Sundays 9:00 am & 11:00 am
Weekday Mass Schedule	Tuesday through Friday 8:05 am
Sacrament of Reconciliation	(by appointment) Fridays 8:40 am and Saturdays 4:30 pm
Wednesday Faith & Family Night (CGS, Youth, RCIA / all adults)	Dinner - 6:00 pm; Class 6:30 - 8:00 pm

Weddings

Begin your wedding preparation with a minimum of 6 months (preferably 1 year) prior to your wedding date with a meeting with your pastor

Baptisms

Baptisms are usually celebrated after weekend Masses.
 Baptismal Preparation classes are offered by Pastor through appointment
 Preregister by calling (785) 242-2174

New Parishioners

Welcome to Sacred Heart Parish Community! Get involved and begin meeting your fellow parishioners. Start with a phone call to the Parish Office.

Parish Office	(785) 242-2174
Pastor's Office Phone Number	(785) 915-1508
Pastor (frkclem@gmail.com)	Rev. Kenneth Clem
Parish Secretary (shcottawa@gmail.com)	Carmelita Sieg
Faith Formation Coordinator (savrbas@gmail.com)	Sandy Vrbas
Knights of Columbus Council 3018 (cevans@cofts.org)	Grand Knight Craig Evans
Finance Council Advisory Chair (bhayden1720@gmail.com)	Bob Hayden
Altar Society Guild President (bbirzer@yahoo.com)	Betty Birzer
Pastoral Advisory Chair (greg.wellnitz@gmail.com)	Gregory Wellnitz
Sacred Heart School Office	(785) 242-4297
Principal (pjgreer@sacredheartottawa.eduk12.net)	Patrick Greer
School Secretary (ssiebenthall@sacredheartottawa.eduk12.net)	Shayla Siebenthall

MAY 11- MAY 12, 2024

MONDAY, May 13, 2024

NO MASS

TUESDAY, May 14, 2024

8:05 AM MASS

+ Beverly Turner (Aunt)
by: Elaine & Robert Covin

WEDNESDAY, May 15, 2024

8:05 AM MASS

Sacred Heart Seven Sisters Group
by: Anchoress Ann Hunsicker

THURSDAY, May 16, 2024

8:05 AM MASS

+ Gary Bowling
by: Eileen Bowling

ADORATION: 8:40 AM to 8:00 PM

FRIDAY, May 17, 2024

8:05 AM MASS

+ Souls in Purgatory
by: Anonymous

SATURDAY, May 18, 2024

4:30 PM - Confession/ 5:30 PM MASS

+ James J. Gilliford
by: Sharon Schnieders

SUNDAY, May 19, 2024

9:00 AM MASS

+ Sam Smith (birthday)
by: Katie Smith

11:00 AM MASS

For the People of the Parish

KNIGHTS OF COLUMBUS LAWN CARE

5/17/24 CRAIG EVANS / GIB BRUNA

5/24/24 CHRIS LAMAR / MIKE BROWN

LITURGICAL ROLES

SAT., May 18, 2024 - 5:30 PM MASS

Gifts: Dan, Michelle, & Mary Gast
Eucharistic Minister: Craig Evans
Lectors: Roberta Rhodes/ Rick Nuckolls
Sacristan: Debbie Blakeley
Rosary Leader: Mike Fischer

SUN., May 19, 2024 - 9AM MASS

Gifts: Steve, Dawn, & Maggie Bones
Ushers: Dale & Linda Hermreck/
John Golden

Server: Austin Nelson
Eucharistic Minister: Ann Hunsicker
Music: Guitar/ Flute
Lectors: Blake Jorgensen/ Christy Winter
Sacristan: Kelly Jorgensen

SUN., May 19, 2024 - 11AM MASS

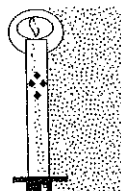
Gifts: Dan & Amy Jo McKean
Ushers: Walt & Clarice Dengel/
Karen Chanay/ James Boyer
Lectors: Steve & Alex Boetel
Sacristan: Elizabeth Lowderman
Rosary Leader: Jan Wallis

MON. May 20, 2024

Counters: Debbie Henningsen/ Ann Hunsicker

CHURCH CLEANING ANGELS
BECKY SHRIMPLIN/ DIANN PRENTICE
THERESA PAXTON/ KAY STRATTON

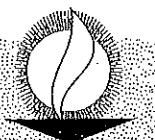
PLEASE PRAY FOR: Fred Foss, Clara Guerin, Virginia Quintana, JoAnn Nowatzke, Shirley Fischer, Erin Chappell, Phillip Pearce, Dennis Nowatzke, Terry /Jack Shepard, Reba Miller, Koby Becker, Larry Fisher, James Fisher, Kathy Jordan * Ashley Jones, Paul Nation, Judith & Frank Dixon, Tim Chanay, David Uhlrich, Debbie Samyn, Dale Samyn, Cal Lantis, Tom Mersman, Maggie Davis, Joann Kaufmann, Ron Brady, Amanda Wray, Rev. Bill Prather, Mark Andrew Kohn, Mark Austin Kohn, Shelly Frank, Coby Parkin, Annie Obrien, Jerry Krause, Kenny Read, Beckham Moody, J Dalton Hennessy.



alleluia
alleluia
alleluia

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**Be my help
O LORD**



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FINANCIAL CORNER – Offertory: May 4-5

Collection	-\$6,260.48
Cash	-\$ 319.40
Candle	-\$ 29.25
Priesthood: Present/Future	-\$ 60.00
Catholic Home Mission	-\$ 30.00
Solemnity of Mary	-\$ 20.00
On-line Giving	-\$ 450.06
	\$7,169.19

OTHER DONATION

Masses	\$ 60.00
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MAY IS FOSTER CARE AWARENESS MONTH

Every child is a unique and precious gift from God who deserves a loving family. Sadly, every day in Kansas, children are removed from their homes for a variety of reasons and through no fault of their own. Right now in Kansas there are roughly 7,000 children in care, coming from all backgrounds and from every community. Many have experienced trauma and are frightened and lonely.

Archbishop Naumann says, "To be truly pro-life, we must make sure that every child has an environment where he or she can thrive." Foster parents open their hearts and homes helping children heal, trust, and hope again. Currently there are only approximately 2,700 licensed foster families in Kansas. The Church is the solution! Everyone can help – either by becoming a foster family, supporting the families who do foster, donating necessities or gifts for children, or mentoring teens who are aging out of the system. Please visit www.archkcks.com/foster to learn more.

SACRED HEART CAR SHOW

The 3rd Annual Sacred Heart Church Car Show will be held next Saturday (May 18th) at Forest Park at the Pavilion by the pool from 9:00 am - 12:00 noon. No entry fee charge to bring a vehicle or to come and look at the cars! Bring the whole family and your lawn chairs! It will be a fun day for our Parish community! Please contact: Rick Nuckolls at (316) 734-8569 for more details.

KNIGHTS OF COLUMBUS

May Knight of the Month

Dale Hermreck and Bud Stratton

Family of the month

Debbie Blakeley

2024 K of C Scholarship Winners

Katherine Cameron - \$500

Miranda Vrbas - \$250

Keaton Stone - \$250

ALTAR SOCIETY NEWS

May 14, 5:30pm - Dinner/meeting at PrimeTime Grille.

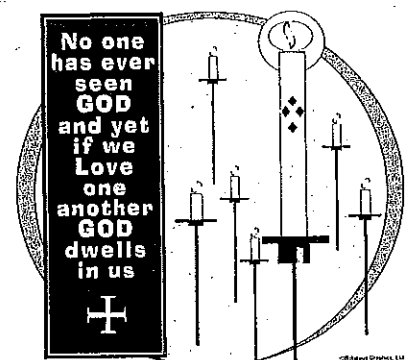
May 20, Noon - Young at Heart lunch at Pizza Time. 2pm-Classic Movie Monday at Plaza 1907 movie theater showing "Bye, Bye Birdie" starring Ann Margret & Dick Van Dyke.

VIRTUS TRAINING WORKSHOP

Please see your bulletin insert for more information on the upcoming Training Workshop on June 15, 2024 (Saturday). Those who want to help with Totus Tuus must attend training if they haven't already done so.

PROJECT RACHEL RETREAT

"Weighed down by a past abortion? Struggling to forgive yourself? Beating yourself up for the choice you made, or someone made for you? Guilt and shame do not have to be a life sentence. Treat yourself to a confidential Saturday Retreat with Project Rachel in a judgement free environment where it is safe to talk. Date: 6/1/24 Time: 8:30am - 4:00pm Location: Lenexa (address given after registration) Cost: Free Continental Breakfast, Lunch and materials provided. To register, contact projectrachelkc@archkck.org or call/text 913-621-2199.



the LORD has set his throne in heaven



CONGRATULATIONS TO OUR GRADUATES!

HIGH SCHOOL GRADUATES

Kathryn Cameron, daughter of Jason & Angie Cameron, West Franklin High School
Attending University of Saint Mary in Leavenworth to study Business Management

Sam Clevenger, son of Mark & Tish Clevenger, Ottawa High School
Attending JCCC to study Architecture; plans to transfer to Kansas State University

Hope Crabtree, daughter of Andy & April Crabtree, West Franklin High School
Attending University of Saint Mary in Leavenworth this fall

Marissa Dandreo, daughter of Dan & Julie Dandreo, Ottawa High School
Attending University of Kansas to study Political Science and International Studies

Willie Dorsey, son of Brent & Laura Dorsey, Wellsville High School
Attending Baker University and playing football

Samantha Grace Gast, daughter of Dan & Michelle Gast, Ottawa High School
Attending Johnson County Community College to study Dental Hygiene

Cian Holzuter, son of David Holzuter & Maria Luna, Ottawa High School
Attending Neosho County Community College to study Psychology

Aidan Michael Keiter, son of Michael & Jamie Keiter, Ottawa High School
Attending Kansas State University to study Business Finance

Maylee Mace, daughter of Gabe & Megan Mace, Ottawa High School
Attending University of Missouri-Kansas City to study Nursing

Wade Nichols, son of Brandy & Jessica Nichols, West Franklin High School
Attending Kansas State University to study Engineering

Sara Jo Orr, daughter of Rob & Stephanie Orr, Ottawa High School
Attending Neosho County Community College to study Nursing

Gavin C. Peine, son of Chris & Lisa Peine, Central Heights High School
Attending Flint Hills Tech College to study Automotive Tech; plans to work on family farm

Gracie Smith, daughter of James & Katie Smith, Ottawa High School
Attending Allen County Community College to study Early Childhood Education

Keaton Marrel Stone, son of Jeremy & Charlene Stone, Ottawa High School
Attending NCCC; plans to transfer to Pittsburg State to study Construction Management

Miranda Vrbas, daughter of Rick & Sandy Vrbas, Homeschool
Attending Neosho County Community College; plans to transfer to study Education

Zachary Thomas Winter, son of Thomas & Christy Winter, Ottawa High School
Attending Wichita State University to study Business

COLLEGE GRADUATES

Noah Joseph McCullough, son of Cliff & Emily McCullough, NCCC
Received HVAC Certification

Rachel Vrbas, daughter of Rick & Sandy Vrbas, Kansas State University
Received BS; Attending Grad School at Friends for Masters in Marriage & Family Therapy

SACRED HEART CAR SHOW

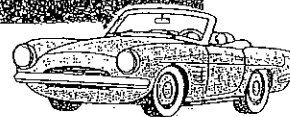


MAY 18, 2024 (SATURDAY)

9:00 AM - 12:00 NOON

FOREST PARK (PAVILION BY POOL)

FREE ADMISSION



Our thanks to O'Reilly Auto Parts for
their gifts.



SACRED
HEART
& CHURCH
CAR SHOW
At Forest Park

BRING THE WHOLE FAMILY AND YOUR LAWN CHAIRS!

IT WILL BE A FUN DAY!

VIRTUS TRAINING WORKSHOP **PROTECTING GOD'S CHILDREN**

Sacred Heart Church will sponsor a VIRTUS Awareness Session for adults of our parish on June 15, 2024 (Saturday) from 9:00 am – 12:00 noon at the Parish Center. VIRTUS is our archdiocesan program for preventing children from unsafe situations. All adults (employees/ volunteers/ parents/ guardians) who interact with or around children (whether it be to teach, volunteer in classrooms, chaperone/ drive on fieldtrips) are required to attend so as not to be unable to help if and when the time comes. If you think that you may want to help out with children in our parish over the next few years, please plan to attend.

Please take this opportunity to attend the training now since it will be held at our very own Parish Center. Virtus Training Workshops held at other locations throughout the year are most often scheduled in the evenings.

Please register on the VIRTUS website: www.virtusonline.org and click on “First-Time Registrant” on the left-hand side. It will walk you through the process to create an account and to sign-up for the session we will be having at our Parish. Please take note that if you are under 18 years of age, a parent/ guardian must attend the session with you or complete a parental permission form. This will allow you to attend and is required prior to admittance to the session. For those who have no internet access or just have any questions pertaining to this training, please contact Carmelita Sieg (Safe Environment Coordinator) at the Church Office: (785) 242-2174 or email at: shcottawa@gmail.com

Ann Hunsicker (who is a member of our Parish) is our Virtus Facilitator. There will be refreshments. Childcare will not be provided. PLEASE BE ON TIME FOR THE WORKSHOP. Latecomers will need to go back to their Virtus Account and sign-up for another available training to receive credit since doors will be locked once the session begins.

Growing in FAITH™

Discovering hope and joy in the Catholic faith.

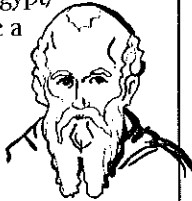
May 2024

Sacred Heart Catholic Church
Rev. Kenneth Clem, Pastor

One Minute Meditations

St. Athanasius of Alexandria

Born a Christian in Egypt, St. Athanasius became a priest and a great defender of the Catholic faith. Recognized for his intelligence and holiness, he was chosen to be secretary to Bishop Alexander of Alexandria, and later succeeded him as bishop. Because of the terrible persecutions and political climate, he was exiled several times during his office. For the rest of his life, St. Athanasius worked to defend the divinity of Christ. He died in 373.



Stress and surrender

Stress can result from feeling powerless in difficulties, yet change isn't always up to us. Knowing when to step back and surrender can actually bring peace. Turning to God with trust gives us the power to navigate life's challenges with faith and serenity.

"St. Joseph the Worker stands as a symbol of quiet strength and faithfulness, teaching us that in the ordinariness of our work, we honor God in profound ways." Pope Francis



Spread the Gospel like Our Lady

On the feast of the Visitation (May 31), we celebrate when Mary carried the Good News of our salvation to Saints Elizabeth and Zechariah – that God took on our humanity to fulfill His promise of salvation. Today, we're also called to bring the same Good News as Mary did:

Be filled with Christ's presence: Jesus indwells in us (John 15:5) to empower us for mission. This is accomplished through the Sacraments – Baptism, Eucharist, Reconciliation. We need to offer God our open, receptive, and attentive hearts.

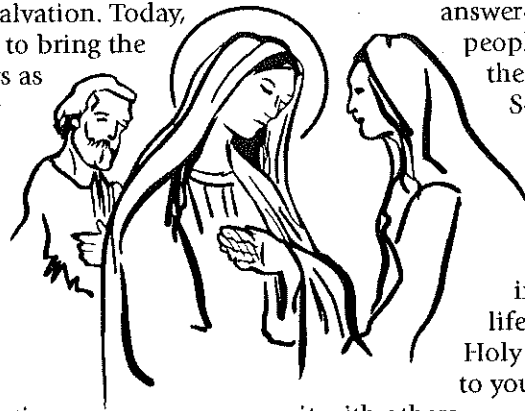
Become a quiet witness: Mary "kept all these things, pondering them in her heart" (Luke 2:19). Emulate her quiet witness by living with deep faith and

trust in God's plan, letting your actions demonstrate the strength of your beliefs.

Proclaim the greatness of the Lord: Mary's *Magnificat* recalls the ways God answered the needs of His people, culminating in the coming of His Son. Can you articulate your own *Magnificat* – recounting God's loving intervention in your life? If not, ask the Holy Spirit to reveal it to you so you can share

it with others.

Serve with humble love: After receiving the news that she was to become the mother of the eternal King, Mary rushed to St. Elizabeth's side to serve her. Look for ways to imitate our humble Queen. Serve with love.

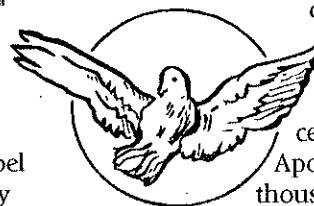


Why Do Catholics Do That?

Why is Pentecost the "birthday of the Church?"

Pentecost is referred to as the "birthday of the Church" because it marks the day when the Holy Spirit descended upon the Apostles, empowering them to preach the Gospel across nations, effectively initiating the spread of

Christianity. This event, occurring fifty days after Easter, symbolizes the Church's emergence as a global community united under the teachings of Christ. It celebrates the moment when the Apostles began to baptize thousands, leading to the rapid growth of the Christian faith.

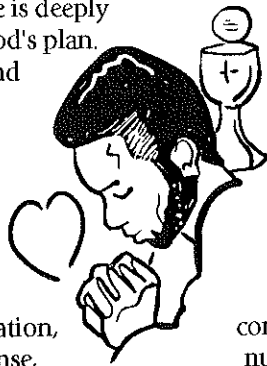


Four steps to inner peace

In the Catholic tradition, developing inner peace is deeply intertwined with spiritual practices and faith in God's plan. This journey involves key elements that help us find serenity and resilience amidst life's challenges.

Prayer is fundamental. Through regular prayer, we communicate with God, seeking guidance and strength. Heartfelt prayer fosters a deep sense of connection with God, helping us to alleviate anxiety and promote tranquility.

Sacraments are vital. Participation in the sacraments, especially the Eucharist and Reconciliation, are direct encounters with God's grace, which cleanse,



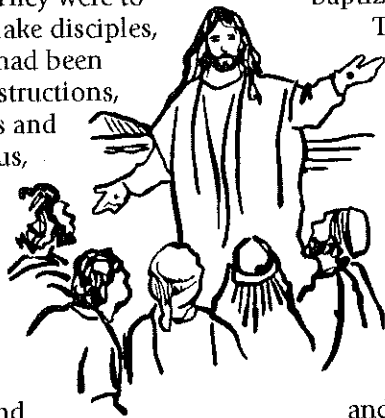
heal, and fortify the soul against the struggles of daily life. **Listen for God's voice.** Reading and meditating on the Scriptures provides insights and divine wisdom, helping us to align our thoughts and actions with God's will, thereby fostering a peace that transcends understanding. **Love is key.** Jesus asked us to practice forgiveness and charity, which heal and build relationships, creating communities of support and love. Living out these values daily contributes to personal and communal peace, reflecting the Catholic approach to nurturing a peaceful heart.

from Scripture

Matthew 28:16-20, The Holy Trinity

Jesus appeared to the Apostles on the mountain in Galilee to give them their final instructions. They were to go forth, baptize, and make disciples, and to teach what they had been taught. These are our instructions, too. Once we meet Jesus and experience His love for us, we can't keep Him to ourselves. We must proclaim Him.

Jesus also revealed to the Apostles, and to the crowd gathered with them, that God is a Trinity —Father, Son, and Holy Spirit – three Divine Persons united in love. The belief that God is three, yet one, is distinct to



Christianity. When we became members of the Church, we were baptized in the name of the Trinity.

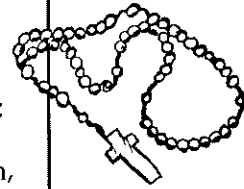
The Trinity is a mystery we may not fully understand, but we can still live in its love and power. We proclaim our faith in it whenever we make the Sign of the Cross: "In the name of the Father, and of the Son, and of the Holy Spirit."

Our ultimate goal is to follow Christ into the eternal life of the Trinity.

Q & A Do we have to pray the Rosary every day?

Praying a daily Rosary is not required but it is recommended. It is a meditative prayer that facilitates a deeper engagement with the mysteries of Christ's life, alongside the intercessory role of the Virgin Mary.

St. Dominic, who founded the Dominican Order, promoted the Rosary and credited praying the Rosary with ridding the Church of the Albigensian heresy. Pope St. Pius V attributed the



miraculous victory of Christian forces at the Battle of Lepanto in 1571 to the Rosary. Since then, many popes have urged us to pray this prayer.

The repetitive nature of the Rosary's prayers, such as the Hail Mary, fosters a meditative state that can lead to a sense of peace. This repetition is not just a mnemonic device but a way to quiet the mind and open the heart to God's guiding voice. Moreover, praying the Rosary is also a way to seek Mary's intercession. As the Mother of Christ, her proximity to Jesus is seen as a powerful aid in bringing our prayers before God.

Feasts & Celebrations

May 9 - The Ascension of the Lord. This solemnity marks the completion of Jesus' mission of salvation and His triumphant entry into Heaven. *Note: In many dioceses, observance of Ascension has been moved to the following Sunday.*

May 10 - St. Damien of Molokai (1889). Born in Belgium in 1840, Joseph de Veuster became Father Damien at the age of 19. He ministered to lepers on the Hawaiian island of Molokai. He died of the disease after serving there for sixteen years. He is the

patron of lepers and outcasts.

May 20 - Mary, Mother of the Church (2018). On the Cross, Jesus gave us His mother to be our mother (John 19:27). Even in Heaven, she prays and cares for us as our spiritual mother.

May 21 - St. Cristóbal Magallanes and Companions (1937). Fr. Christopher Magallanes was part of the Catholic Action Movement in Mexico, resisting the anti-Catholic Mexican government. Despite great persecution, he established a seminary at Totatiche. He and his companions were martyred.



Our Mission

To provide practical ideas that promote faithful Catholic living.

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(Unless noted Bible quotes and references are from the Revised Standard Version and the New American Bible)

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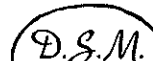


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